Star Fruit



- Carambola is another name for Star Fruit
- Star fruit is harvested when the green fruit has a tint of yellow.
- When the fruit is cut crosswise, it forms a perfect star.
- Star fruits do NOT need to be peeled or seeded-they can be eaten whole
- Two varieties of star fruit are grown-tart and sweet
- Star fruit has a texture like grapes and a taste that resembles a blend of pineapple, plum and lemon.
- They are nutritious!

Click to see Kids trying a Starfruit





